



Jean Massieu Academy Lunch Menu

August 2021



MONDAY	TEXAN TUESDAYS	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31	1-Sep	2-Sep	3-Sep



Chicken Caesar Salad Wrap
greenz', parmesan, croutons,
fresh veggies & fresh fruit

3-Cheese Combo Sub *
bakery sub roll, sub 'salad', potato
salad, fresh veggies & fruit

Italian Cold Cut Sub
bakery wg sub roll, sub 'salad',
pasta salad, fresh veggies & fruit

Turkey'Ham & Cheddar Sub
bakery wg sub roll, sub 'salad',
potato salad, fresh veggies & fruit

Fiesta Chicken Shaker Salad
grilled chicken, black bean salad
greenz' plus, tortilla chips, & fruit

Salami & Provolone Sub
bakery wg sub roll, sub 'salad'
pasta salad, fresh veggies & fruit

Turkey & Jack Sandwich
whole wheat bread, fresh fruit,
cucumber-tomato-bean salad

3-Cheese Combo Sub *
bakery sub roll, sub 'salad',
bean salad, fresh veggies & fruit

Monday Bistro Bag *
sunbutter, cheese, crackers,
fresh veggies, & fruit

Southwest Chicken Wrap
chicken, greenz', salsa ranch,
black bean salad, veggies, & fruit

Chicken Caesar Salad
greenz', parmesan, croutons,
bread stick & fresh fruit

Oven Roasted Turkey'wich
bakery wheat roll, Jack cheese,
potato salad, veggies & fruit

3-Cheese Combo Sub *
bakery sub roll, sub 'salad',
3-bean salad, fresh veggies & fruit

* = NonMeat



Fruit & Produce
is seasonally
local sourced

All cooked or sliced meats are turkey
or beef based. Lunches may come
with additional salad or chips.

a peanut & pork
free menu